



# UNIVERSAL MEDICATION FORM

## Patient Instructions:

1. ALWAYS KEEP THIS FORM WITH YOU. You may want to fold it and keep it in your wallet along with your driver's license. Then it will be available in case of an emergency.
2. Write down ALL of the medicines you are taking (prescriptions, over-the-counter, vitamins, and herbal), and list all of your allergies.
3. Take this form to ALL doctor visits and ALL hospital visits. Also show this form to your pharmacist when filling your prescriptions.
4. KEEP THIS FORM UP-TO-DATE. Write down all changes made to your medicines on this form. If you stop taking a certain medicine, draw a line through it, and write the date it was stopped. If help is needed, ask your Doctor, Nurse, Pharmacist, or family member to help you.
5. In the NOTES column, write down the name of the doctor who told you to take the medicine(s). You may also write down why you are taking the medicine. (Examples: high blood pressure, high blood sugar, high cholesterol)
6. When you are discharged from the hospital, someone will talk with you about WHICH MEDICINES TO TAKE AND WHICH MEDICINES TO STOP TAKING. Since many changes are often made after a hospital stay, a new form will be given to you. When you return to your doctor, take your new form with you. This will keep everyone up-to-date on your medicines.

## How does this form help you?

- This form helps you and your family members remember all of the medications you are taking.
- Provides your doctor(s) and other with a current list of ALL of your medicines. Doctors and Pharmacists need to know the herbals, vitamins, and over-the-counter medicines you take!
- Keeps you safe! Concerns may be found and prevented by knowing what medicines you are taking. When your Doctors and Pharmacists review this form, they are better able to prevent medication interactions from occurring.